

Food Preparation and Nutrition – Year 10	
Term 1A	Pupils will study the different micro and macro nutrients and their impact on the body. Practical lessons will focus on knife skills, meat safety and sauce making.
Term 1B	Theory topics will cover heat transferring to cook ingredients and the different functions of chemicals. Practical lessons will be based around pasta making and independent application of skills gained so far.
Term 2A	Theory topics will cover food science and food safety. Pupils will then begin to research and investigate topics to complete a mock non-exam assessment in preparation for year 11.
Term 2B	Pupils will trial their dish then complete their dishes in a timed trial. They will then evaluate their dish based on the context they chose.
Term 3A	
Term 3B	

Food Preparation and Nutrition – Year 11	
Term 1A	This term pupils will focus on key revision areas for a range of topics including nutrients, food science and food safety.
Term 1B	Pupils will complete an independent investigation and planning project based around contexts provided by the exam board. They will complete research for their non-exam assessment and conduct technical skills trials.
Term 2A	Pupils will create a time plan for their dish then apply skills gained to complete their final cooking assessment.
Term 2B	Pupils will begin revision, they will RAG rate all topics covered and classwork and independent learning will revolve around focused revision and exam strategies.
Term 3A	Revision and examination preparation will continue until their final exam.
Term 3B	Revision and examination preparation will continue until their final exam.

Design and Technology (Timbers and Textiles) Year 10	
Term 1A	Investigate the sources and origins of materials relevant to specific specialist area. Analyse different specialist production methods, techniques, tools and processes.
Term 1B	Apply knowledge gained of specialist techniques, tools and equipment to a practical design and make task.
Term 2A	Investigate the core element of the specification including environmental and sustainability issues of a range of materials and processes.
Term 2B	Research and investigate the work of others, from the core element of the specification and complete a design task based on this, also focusing on design strategies and drawing techniques.
Term 3A	Mock non-exam assessment to trial techniques and skills to be applied to NEA after it is released.
Term 3B	Pupils will begin their non-exam assessment, contributing to 50% of their overall grade. They will complete research, write a design brief and specification and create initial design ideas.

Design and Technology (Timbers and Textiles) Year 11

Term 1A	Pupils will complete a range of independent design and sample tasks which will lead to creating a prototype for their project. They will trial and test tools, materials and equipment to create their product.
Term 1B	Pupils will manufacture their individual products using specialist machines and processes.
Term 2A	Pupils will complete their manufacture and evaluate their product. They will investigate the impact on the environment and assess the suitability for their clients wants and needs.
Term 2B	Pupils will begin revision, they will RAG rate all topics covered and classwork and independent learning will revolve around focused revision and exam strategies.
Term 3A	Revision and examination preparation will continue until their final exam.
Term 3B	Pupils will begin the step up programme where they will research and investigate into past and present designers and design movements.